

## What Is Home Visiting?

Home visiting programs offer voluntary, family focused services to expectant parents and those with new babies and young children. The foundation for any home visit is for the family to be healthy and to have a healthy child.

#### What is a Home Visitor?

A home visitor is more than a friendly face. Each home visitor is trained by their respective programs to support families on many levels. Home visitors strive to build successful relationships with families that are characterized by mutual respect, trust, flexibility and personalized attention.

## What Takes Place During a Home Visit?

Home visits are as individual as families themselves. Your home visitor can answer questions about pregnancy or parenthood, child development, early learning and more. Read here about the two of the exceptional programs available in Alabama today: Parents as Teachers and Home Instruction for Parents of Preschool Youngsters.



#### Parents as Teachers (PAT)

PAT is a nationwide home visiting program with a stellar record of success. As a champion for early intervention and parental involvement, PAT offers a dynamic package of services. Professional educators emphasize parent-child interaction, development centered parenting and family well-being in their work. Check out a few of the focus areas:



# Am I Eligible For PAT?

PAT services can be obtained by military families and those living in lower income areas who are expecting a child or have a child or children up to kindergarten entry age.

# What Can I Expect from PAT?

- bi-monthly home visits
- parenting and free enrichment activities
- group meetings (not mandatory, but highly encouraged)
- free vision, hearing and developmental screenings
- resources and links to community resources

# Home Instruction for Parents of Preschool Youngsters (HIIPY)

HIPPY is a national home visiting program that helps parents prepare their children ages 3 to 5 for success in school and beyond. HIPPY provides parents with a structured curriculum, storybooks and materials designed to build their children's early literacy skills, and strengthen their cognitive, social and physical development.

#### Am I Eligible For HIPPY?

Join a HIPPY Program if your family has children from ages three to five.

#### What Can I Expect from HIPPY?

- 30 week in home preschool program
- 30 minute weekly home visits
- monthly group meetings (not mandatory,but highly encouraged)
- free books and materials designed to prepare young children for school
- role play activities every week



# Where can I Find a PAT Program?

Alabama Network of Family Resources Montgomery, AL 334-801-9185 Counties served: Morgan, Talladega, Coosa, Tallapoosa, Randolph

Circle of Care Center for Families Valley, Al

County: Served: Chambers

334-768-4098

Community Action Partnership of North Alabama

Decatur, Al 256-355-7843 Counties Served: DeKalb & Mar-

Cramer Children's Center Florence, Al 256-760-1140 Counties Served: Colbert, Franklin, Marion, Winston

Easter Seals of West Alabama Tuscaloosa, Al 205-759-1211

Counties Served: Bibb, Chilton, Hale, Lamar, Marengo, Pickens, Shelby

Counties Served: Bullook, Dallas, Lowndes,

Macon, Wilcox

Counties Served: Mobile, Monroe

County Served: Butler

County Served: Marshall

County Served: Morgan

County Served: Perry

Eufaula City Schools Eufaula, Al 334-687-1100

County Served: Barbour

County Served: Jefferson

Exchange Club Child Abuse

Prevention Birmingham, Al 205-801-5151

Family Guidance Center of Alabama,

Montgomery, Al 334-270-4100

Goodwill Industries Easter Seals of the Gulf

Coast Mobile, Al 251-471-1581

251-471-1581 Health y Kids

Health y Kids Greenville, Al 334-371-2104

Marshall County Schools Guntersville, Al 256-582-3171

Parents and Children Together

Decatur, Al 256-355-7252

334-683-4147

Perry County Schools Marion, Al

Sylacauga Alliance for Family

Enhancement Sylacauga, Al 256-245-4343

Talladega Clay Randolph Child Care

Talladega, Al 256-362-13902 Counties Served: Calhoun, Cherokee, Cleburne

County Served: Talladega County

United Cerebral Palsy

Birmingham, Al 205-944-3900 County Served: Jefferson

# Where can I Find a HIPPY Program?

Alabama COOP Extension System Evergreen, AL

Phone: 251.578.2762

Alexander City Schools Alexander City, AL Phone: 256-329-2700

Alfred Saliba Family Services Center Dothan, AL Phone: 334-792-6255

Clarke County Development Foundation Grove Hil, AL Phone: 251.275.3149

Dallas County Schools Selma, AL Phone: 334-872-6251

Elmore County Schools Wetumpka, AL Phone: 334.567.1200 Ext.24005

Eufaula City Schools Eufaula, AL Phone: 334.687.1100 Ext. 131

Fort Payne Schools Fort Payne, AL Phone: 256.-996.-7275

Friends of Education Escambia Atmore, AL Phone: 251-359-5086 Macon County Schools Tuskegee Institute, AL Phone: 334.-727.-2700 Ext. 18006

Madison City Schools Madison, AL Phone: 256.-464.-8370 Ext. 361

HIPPY of Monroe County Monroeville, AL Phone: 251-.714.3175

Montgomery Public Schools Montgomery, AL 36108 Phone: 334-269-3768

Perry County School s Marion, AL Phone: 334.683.4147 Ext. 279

SAFE Family Services Center Sylacauga, AL Phone: 256.245.4343

Sheffield City Schools Sheffield, AL Phone: 256-349-0961





Alabama's First Teacher Home Visiting Program



Home Visiting is the most innovative program for families with young children in Alabama today and it's FREE!

Alabama Department of Early Childhood Education Creating Possibilities in the Lives of Alabama's Children

### **Questions and Answers**

#### What Is the Cost?

First Teacher program services and materials are offered at no cost to our eligible Alabama families.

# Do Home Visitors Discipline Children?

Your home visitor will <u>NOT</u> discipline your child. Your home visitor can provide ideas for you to consider should you so desire. The primary goal of a home visitor is to provide strong support and helpful information.

### **Are Group Meetings Mandatory?**

Group meetings are not mandatory but are encouraged. The meetings are a fun way to connect with others and share common concerns and gain new insights. Enrichment activities also make group meetings worthwhile.

# Rescheduling

Home visiting is meant to be convenient for you. Rescheduling is perfectly acceptable. Keep in mind that the excellent models chosen by First Teacher do require some consistency.

### What if the Program is Not a Good Fit for Me?

If you feel that the program is not what you expected, simply tell your parent facilitator that you no longer wish to be in the program.